

Shelter From The Storm



Lightning Safety Tips – Compliments of the Lightning Protection Institute www.lightning.org

Practice the “Flash/Bang” method for measuring lightning distance (time from seeing the stroke to hearing thunder). For every slow count of five, lightning is one mile away—a count of ten = 2 miles away, etc. At a count of five, take immediate defensive action. Seek safety in a protected shelter.

If you feel a tingling sensation, or your hair stands on end, lightning may be about to strike! Immediately assume the “Lightning Safety Position” by crouching down and covering your ears—do not lie down or place your hands on the ground.



OUTDOORS

- Seek lower elevation areas.
- Never use a tree for shelter!
- Immediately get out and away from pools, lakes and other bodies of water.
- Avoid solitary trees, open areas, hilltops and wet areas.
- Stay away from all metallic objects (fences, power lines, poles, etc.)
- Do not raise umbrellas or golf clubs above you.



INDOORS

- The safest place to be in a storm is in a structure protected with an LPI certified lightning protection system.
- Stand clear from windows, doors and electrical appliances. Unplug appliances well before the storm—never during.
- Avoid contact with piping including sinks, baths and faucets.
- Do not use the telephone, except for emergencies.

